



EFS
European Foregut Society



Foregut Surgery Week

Day 1. Monday 15th July 2024

Basic Surgical Skills + Hands-on skills in Upper GI Surgery

Program:

- Knots & Suture – theory and practice on ex-vivo tissue
- Surgical principles in upper GI surgery – theory and practice on ex-vivo tissue (intestinal anastomosis, fundoplication, gastric ulcer suturing)
- Basic laparoscopy skills – theory and practice on simulators

Socio-cultural program:

- Discover the basics of Romanian Language

Day 2. Tuesday 16th July 2024

Animal research. The importance of collaboration with veterinary doctors.

Program:

- Presentations of veterinary medicine faculty and research facilities
- Principles of animal research

Socio-cultural program:

- Traditional Romanian lunch – The culture and history behind culinary ideas
- Local guided tour – The history and culture of Cluj-Napoca

Day 3. Wednesday 17th July 2024

Basic endoscopy skills. Real case scenarios and procedure observation

Program:

- The importance of different endoscopic techniques
 - Diagnostic endoscopy
 - Interventional endoscopy
 - Ultrasound endoscopy
- Case presentation
- Observing procedures

Socio-cultural program:

- Turda Salt Mine Visit

Day 4. Thursday 18th July 2024

Practical skills in the surgical ward

Program:

- Assisting at the daily routine in the surgical ward
- Case presentation
- Preoperative patient preparation
- Postoperative follow-up of patients
- Discovering Cluj-Napoca – walking through the city

Day 5. Friday 19th July 2024

The surgical management of gastroesophageal reflux disease – lecture day

Program:

- Preoperative preparation of the patient (“Why and when?”)
- Guidelines in hiatal hernia repair (“Literature up to date!”)
- Practical technical aspects (“The step-by-step approach”)
- The patient’s postoperative course (“Real case scenarios”)
- Learn from my experience - How I learned vs how I do it now
- Free program - discovering Cluj-Napoca

Day 6. Saturday 20th July 2024

Live surgery – Anti-reflux surgery

Program:

- Live surgery - 2 interventions: Toupet and Nissen fundoplication
- Live questions and answers during surgery