



EFS

European Foregut Society



**ΕΛΛΗΝΙΚΗ
ΓΑΣΤΡΕΝΤΕΡΟΛΟΓΙΚΗ
ΕΤΑΙΡΕΙΑ**



**Ελληνική Εταιρεία
Ενδοσκοπικής
Χειρουργικής & Άλλων
Επεμβατικών Τεχνικών**



FINAL PROGRAM

VENUE: Crowne Plaza City Hotel, Athens

Wednesday, November 5th 2025.

17.00 – 18.30	BEST PAPERS PRESENTATION Chairs: Aleksandar Simic (SRB), Reza Asari (AUT)
18.30 – 19.00	CONGRESS OFFICIAL OPENING CEREMONY
19.00 - 19.30	EFS EXECUTIVE COMMITTEE MEETING
20.30 – 22.30	EFS Greek dinner/coctail for all Lithos Tavern Aisopou 17 , Athens Post Code 105-54

Thursday, November 6th 2025.

08.00 – 09.00	OPENING of the EFS ATHENS 2025
	EFS Chairman of the Board Sebastian Schoppmann
	EFS President Dimitris Theodorou
	AFS President Dan Lister

<i>EFS Lifetime Achievement Award</i>	A. Mantides, (GRE)
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Introductory lecture:

Aletheia and the concept of phenomenology:

Implications for management of esophageal disease “ **Martin Riegler (AUT)**

09.00 - 10.30 / Session 1

UNDERSTANDING ANTIREFLUX BARRIER

Chairs: Reginald Bell (USA), Manolakis Anastasios (GRE)

09.00 - 09.15	Anatomy & Function of ARB	Adam Chwiesko	(POL)
09.15 - 09.30	Endoscopic Evaluation of ARB	Rocio Temino Lopez	(ESP)
09.30 - 09.45	Impact of interventional procedures on ARB	Alberto Aiolfi	(ITA)
09.45 - 10.00	Evaluation Management of Recurrence	Christian Gutschow	(SUI)
10.00 - 10.30	Discussion		

10.30 – 11.00 INDUSTRY EDUCATIONAL SYMPOSIUM - MEDTRONIC

COFFEE & LEARN

Advances in Achalasia Management: Diagnostics and Therapeutic Procedures

Speakers: Dr. Tania Triantafyllou, Prof. John Lipham

Chair: Dr. Rehan Haidry

11.00 – 11.10 Optimizing Diagnosis in Achalasia: Insights and Tools for Accurate Assessment

Dr. Tania Triantafyllou (GRE)

11.10 – 11.20 Advancing Achalasia Treatment: Practical Approaches with the EndoFlip 300"

Prof. John Lipham (USA)

11.20 -11.30 Discussion & Q&A

ALL

11.00 - 11.30	Keynote Lecture	Prologue: Sebastian Schoppmann
<i>Evolution of GERD Management</i> John Lipham (USA)		

11.30 - 13.00 / Session 2

STATE OF THE ART MANAGEMENT OF GERD

Chairs: Aleksandar Simic (SRB), Xeromeritou M (GRE)

11.30 - 11.45	Lifestyle Modifications & Physiotherapy	Luigi Bonavina	(ITA)
11.45 - 12.00	New Drugs & Long Term Use	Joachim Labenz	(GER)
12.00 - 12.15	Endoscopic Management of GERD	Rehan Haidry	(UK)
12.15 - 10.30	Contemporary Antireflux Surgery	Reginald Bell	(USA)
12.30 - 13.00	Discussion		

13.00 – 13.40 INDUSTRY EDUCATIONAL SYMPOSIUM – IMPLANTICA

"REFLUX STOP™" for GERD: Excellent long-term outcomes

SPEAKERS: Moustafa Elshafei (GER)

Thorsten Lehman (GER)

Sebastian Schoppmann (AUT)

13.45 – 14.15 INDUSTRY EDUCATIONAL SYMPOSIUM - MERIT MEDICAL

"European experience on endoscopic GERD treatment with Esophyx Z+"

Moderators: Dr. Rehan Haidry

Prof Aleksandar Simic

Speaker: Prof Salih Boga

14.15 - 15.15 Round table

EUROPEAN VIEW ON FOREGUT

Chairs: Stephan Attwood (UK), Moustafa Elshafei (GER)

14.15 - 14.30 Surgery for GERD and hiatal hernia in Europe

Gilberto Figueiredo (POR)

14.30 - 14.45 Educational and training programs – past, present & future

Calin Popa (ROM)

14.45 - 15.00 Delphi consensus: training and management of GERB

Diana Schlanger (ROM)

15.00 - 15.15 Hiatal hernia European survey 2.0

Sebastian Schoppmann (AUT)

15.15 - 15.30 Achalasia clinical practice survey

Ognjan Skrobic (SRB)

15.30 – 16.30 LUNCH BREAK

16.30 – 17.45 / Session 3

BARRETTS ESOPHAGUS

Chairs: Oliver Pech (GER), Gyorgy Lazar (HUN)

16.30 - 16.45	Screening & Follow-up Strategies	Manon Spaander	(NL)
16.45 - 17.00	Molecular Markers	Michael Smith	(USA)
17.00 - 17.15	Barrett screening is it an expensive waste of time?	Steven Attwood	(UK)
17.15 - 17.30	Management of Dysplasia	Oliver Pech	(GER)
17.30 - 17.45	Discussion		

17.45 - 18.45 / Session 4

EXTRAESOPHAGEAL GERD

Chairs: Caroline Gronnier (FRA), K. Paraskeva (GRE)

17.45 - 18.00	LPR Definition & Contemporary Diagnosis	F. Schnoll - Sussman	(USA)
18.00 - 18.15	ARS & prevention of lung transplant rejection	James Gossage	(UK)
18.15 - 18.30	LPR. What does ENT add?	Martin Birchall	(UK)
18.30 - 18.45	Discussion		

Friday, November 7th 2025.

08.00 – 09.00

BEST PAPERS

Chairs: Aleksandar Simic (SRB), Reza Asari (AUT)

09.00 - 10.00 / Session 5

ROBOTICS & FOREGUT

Chairs: Dimitris Theodorou (GRE), Christian Gutchow (SUI)

09.00-09.15	Robotics in Benign Foregut Surgery Pros and Cons	Beat Muller	(SUI)
09.15-09.30	Robotics in Foregut How I do it: Fundoplication	Stefan Moenig	(SUI)
09.30-09.45	Robotics in Foregut How I do it: Myotomy	Peter Grimminger	(GER)
09.45-10.00	Discussion		

10.00 - 10.30 **Keynote Lecture** **Prologue: Maria Gazouli (GRE)**

The GUT Microbiome & Reflux. The next paradigm?
Nicholas Boyle (UK)

10.30 -11.00 **INDUSTRY EDUCATIONAL SYMPOSIUM – MEDTRONIC**

Coffee & Learn

Barrett's Esophagus Management: Clinical Insights on Barrx RFA

Chair: Prof. Oliver Pech (GER)

Speakers: Prof. George Tribonias (GRE)
Dr. Rehan Haidry (UK)

10.30 – 10.40	Barrett's Esophagus management and treatment with Barrx RFA 360 express Rehan Haidry
10.40 -10.50	Barrett's Esophagus follow-up and treatment of small lesions Prof. dr George Tribonias
10.50 -11.00	Q&A ALL

11.00 – 12.15 / Session 6

CHALLENGING PROBLEMS IN FOREGUT

Chairs: Tribonias George (GRE)

11.00 – 11.15	IEM – Does it Affect GERD Treatment	Dan Lister	(USA)
11.15 - 11.30	End-Stage Achalasia	Luigi Bonavina	(ITA)

11.30 - 11.45	Non-malignant esophageal strictures	Rehan Haidry	(UK)
11.45 - 12.00	Post-Surgical leaks	SH Chon	(GER)
12.00 - 12.15	Discussion		

12.15 - 13.15	Round table WOMAN & FOREGUT Felice Schnoll Sussmann (USA), Dagmar Kollmann (AUT) Women in the academic field of Uper GI surgery and gastroenterology – where do we stand? , Dagmar Kollmann (AUT) Panel Discussion: Breaking Barriers & Building Careers in Uper GI Surgery and Gastroenterology Felice Schnoll- Sussman, Dagmar Kollmann, Stella Mantzari, Tania Triantafyllou Small group breakout Report Back & Closing		
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13.15 – 13.45 INDUSTRY EDUCATIONAL SYMPOSIUM - BD

“Impact on QoL after Hiatal Hernia Repair”

Speaker: Calin Popa (ROM)

13.45 – 14.00 INDUSTRY EDUCATIONAL SYMPOSIUM - LABORIE

“Advancing your approach to GERD diagnosis and treatment”

Albert Meek (USA)

14.00 – 15.00 LUNCH BREAK

15.00 - 16.00 / Session 7

OBESITY & FOREGUT

Chairs: Ognjan Skrobic (SRB), P. Varsos (GRE)

15.00 - 15.15	Obesity & GERD	Styliani Mantziari	(SUI)
15.15 - 15.30	PostBariatric Procedure GERD pathophysiology	Dagmar Kollmann	(AUT)
15.30 - 15.45	PostBariatric Procedure GERD management	Maja Odovic	(ESP)
15.45 - 16.00	Discussion		

16.00 – 16.30	Keynote Lecture	Prologue: Mustafa Elshafei (GER)
<i>New Technologies in the Training and Practice of Foregut Disease</i> Scheraz Markar (UK)		

16.30 – 18.00 / Session 8

UPDATES ON FOREGUT

16.30 - 16.45	Eosinophilic esophagitis	Rami Sweiss	(UK)
16.45 - 17.00	New Insights in Achalasia Etiology	Ines Gockel	(GER)
17.00 - 17.15	Evaluation TBE / HRM / ENDOFLIP	Daniel Pohl	(SUI)
17.15 - 17.30	Eckardt Score Revisited	T. Triantafyllou	(GRE)
17.30 - 17.45	Evaluation & Therapy of Delayed Gastric Emptying	M. Elshafei	(GER)
17.45 - 18.00	Discussion		

18.00 - 18.45 Final words

This was EFS Athens 2025
This will be EFS Zurich 2026
Closing Remarks

Dimitris Theodorou
Christian Gutschow, Daniel Pohl
EFS Board