



PROGRAM

PRE CONFERENCE DAY

Wednesday, November 11th 2026.

Venue: Kinderspital Inovative center

11.00 – 14.00 EFS - EndoFLIP Treatment Pathway Course 2026
"From Diagnostics to Precision Fundoplication – Creating the Future Patient Treatment Pathway with Intraoperative EndoFLIP"

Faculty : *Prof. Sebastian Schoppmann – Vienna, AUT*
Prof. Daniel Pohl - Zurich, CH

Course Objectives

- Present the scientific evidence for EndoFLIP in antireflux surgery
- Understand the different perspectives of surgery and gastroenterology
- Discuss a Swiss consensus on the integration of EndoFLIP into the perioperative management of GERD patients
- Develop concrete recommendations for Swiss centers

11:00 – 11:10 Welcome & Why a Future Patient Treatment Pathway for Intraoperative EndoFLIP Usage is Needed

11:10 – 11:35 Session 1: EndoFLIP – Beyond Motility Testing
Lecture: "What EndoFLIP Adds Beyond HRM and pH Monitoring"
Speaker: Prof. dr Daniel Pohl

Content

- Pathophysiology of the EGJ
- Distensibility versus pressure measurement
- Strengths and limitations of HRM
- EndoFLIP as an adjunct to conventional diagnostics
- Preoperative patient selection
- Interactive Discussion
- Cases from Swiss Practice
- Take-home Messages
 - When is EndoFLIP truly helpful?
 - Which patients should undergo preoperative EndoFLIP evaluation?

11:35 – 12:05 Session 2: EndoFLIP During Fundoplication – The Vienna Experience
Are there universal target values?

Lecture: "Tailoring Fundoplication with Real-Time Physiology"
Speaker: Prof. dr Sebastian Schoppmann

Content

- Development of the intraoperative EndoFLIP concept
- Fundoplication under physiological guidance
- Nissen vs. Toupet
- Optimal target values
- Prevention of overcorrection
- Impact on dysphagia rates

Video Demonstration

- Standardized hiatal dissection
- Measurement time points
- Interpretation of measurements
- Adjustment of the wrap based on EndoFLIP findings

Discussion What is "too tight"?
Are there universal targeted values?

12:05 – 12:20 Coffee Break & Expert Networking

12:20 – 13:00 Session 3: Multidisciplinary Case Conference

Moderated Case Discussions

Panel Prof. dr. Sebastian Schoppmann, Prof. dr. Daniel Pohl,
Swiss Surgeon, Swiss Gastroenterologist

Case 1 GERD + Normal Motility	Question: Does this patient need EndoFLIP?
Case 2 Ineffective Esophageal Motility	Question: Toupet or Nissen with EndoFLIP guidance?
Case 3 Borderline EGJ Obstruction	Question: Can EndoFLIP change the surgical strategy?
Case 4 Persistent Dysphagia after Fundoplication	Question: What is the role of EndoFLIP in revision surgery? • Audience Voting • Live voting for each case

13:00 – 13:40

Session 4: Creating the Future Patient Treatment Pathway for Intraoperative EndoFLIP Usage

Round Table

"Should Intraoperative EndoFLIP Become Standard in Swiss Antireflux Surgery?"

Moderated Topics

Topic 1 • Preoperative Diagnostics • Who should receive EndoFLIP? • Only specialized centers or broader implementation?	Topic 2 • Intraoperative Use • Mandatory or optional? • Quality control of fundoplication?
Topic 3 Outcomes • Dysphagia • Reflux control • Revision surgery	Topic 4 Health Economics • Cost-benefit assessment • Impact on reoperation rates

13:40 – 14:00

Treatment Pathway Statement & Closing

Summary by : Daniel Pohl, Sebastian Schoppmann

Deliverables

Swiss EndoFLIP Initiative

- Gastroenterology
- Visceral Surgery
- Functional Diagnostics
- University and Cantonal Hospitals

Closing Statement

"From Anatomy to Physiology: Towards Precision Antireflux Surgery"

15.00- 18.30 From Esophageal Function Testing to Gastroparesis Management

A practical, multidisciplinary course for gastroenterology, foregut, general and minimally invasive surgery fellows. Through cases, guided study review and discussion, participants will translate symptoms and physiology into confident next-step decisions.

Faculty and chairs

Course Chairs: Dr. Daniel Pohl (CH) · Dr. Sebastian F. Schoppmann (AT)

Laborie Faculty: Dr. Radu Tutuian (CH) · Dr. Moustafa Elshafei (DE)

Enterra Faculty: Dr. Asma Fikree (UK) · Dr. Moustafa Elshafei (DE)

Program agenda

Time	Session	Faculty	Focus
15:00–15:10	Welcome & clinical framework	Moderators	Welcome, objectives and the multidisciplinary foregut pathway.
15:10–15:45	Laborie Case 1 — Dysphagia and esophageal motility	Dr. Radu Tutuian Dr. Moustafa Elshafei	High-resolution manometry: indications, landmarks, Chicago Classification and surgical implications.
15:45–16:05	Laborie — HRM study walk-through	Dr. Radu Tutuian + Dr. Moustafa Elshafei	Normal and abnormal tracings, artifacts, structured interpretation and referral decisions.
16:05–16:35	Laborie Case 2 — Typical reflux and wireless pH	Dr. Radu Tutuian → Dr. Moustafa Elshafei	Test selection, on/off PPI strategy, acid exposure and anti-reflux planning.
16:35–16:45	Break	—	Break
16:45–17:00	Laborie — pH / pH-impedance review	Dr. Radu Tutuian (CH) + Dr. Moustafa Elshafei (DE)	Symptom association, reflux episodes, borderline studies and common pitfalls.
17:00–17:10	Enterra — Gastroparesis Today: Pathophysiology & Clinical Phenotypes	Dr. Asma Fikree	Key mechanisms, European etiologies and phenotype-led treatment selection.
17:10–17:20	Enterra — Diagnosis & Medical Management: A Practical Approach	Dr. Asma Fikree	Gastric emptying studies and European alternatives; symptom, nutrition and medical management; escalation decisions.
17:20–17:35	Enterra — Interventional Options: Choosing the Right Approach	Dr. Moustafa Elshafei	G-POEM versus laparoscopic pyloroplasty; role of Enterra Therapy; patient selection.

17:35–17:45	Enterra — Programming Basics: What Fellows Should Know	Dr. Asma Fikree	Core gastric electrical stimulation principles, initial settings, titration and real-world workflow.
17:45–17:55	Break	—	Break
17:55–18:10	Enterra — Procedure Videos & Technical Pearls	Dr. Moustafa Elshafei	Enterra implantation overview; pitfalls and complication avoidance.
18:10–18:25	Enterra — Interactive Case Discussion	Dr. Asma Fikree	Diabetic, postsurgical, idiopathic and prior-treatment-failure cases; treatment selection and strategy changes.
18:25–18:30	Take-home messages, discussion & Q&A	Moderators	Key messages, concise discussion and audience Q&A.

Thursday, November 12th 2026.

07.30 – 17.00 Registration

8.00 - 9.00 OPENING OF THE 6th ANNUAL EFS MEETING

EFS Anthem
EFS Presidents Daniel Pohl and Christian Gutschow
EFS Chair of the Board Sebastian Schoppmann
AFS Member Felice Schnoll Sussmann, Steward Spechler

(EFS Lifetime Achievement Award Arnulf Hölscher)

Introductory lecture **Martin Riegler (AUT)**
Prologue: **Nicholas Boyle (UK)**

09.00 - 10.30 / Session 1

THE DARK SIDE OF BENIGN INTERVENTIONS

Chairs: Oliver Pech (GER), Luigi Bonavina (IT), George Lazar (HU)

- 09.00 - 09.15 Pulling the Plug: Salvage Strategies for Failed Antireflux Implants**
 Nick Maynard (UK)
- 09.15 - 09.30 Dysphagia, Diverticula & GERD: How to handle the POEM Aftermath**
 Adam Chwiesko (POL)
- 09.30 - 09.45 Failed Endoscopic GERD Procedures: Repairing the Repair**
 Alberto Testoni (IT)
- 09.45 - 10.00 The Heart-Sink post-surgical GERD Patient: Surviving Nemesis**
 Stefan Mönig (GER)
- 10.00 - 10.15 Dumping, Dysmotility & Distress: Managing Vagus Nerve Injuries**
 Mustafa ElShafei (GER)
- 10.15 - 10.30 The “Tears & Beers” Discussion**

10.30 - 11.00 Keynote Lecture: Alex Straumann (CH) Prologue: Stephen Attwood (UK)
 Olten and Hopewell: The True EoE Story

11.00 - 11.30 Coffee & Learn

11.00 – 11.40 INDUSTRY SYMPOSIUM supported by IMPLANTICA
 REFLUX STOP

11.40 - 12.55 / Session 2

RARE, DIFFICULT, OVERLOOKED & DANGEROUS

Chairs: Stephen Attwood (UK), Daniel Pohl (CH), Tania Triantafyllou (GR)

11.40 - 11.55 Tough to Swallow – Strategies for Benign Strictures

11.55 - 12.10	Stephen Attwood (UK) Emergency Management of Non-Neoplastic Perforations
12.10 - 12.25	Christoph Schlag (CH) The Short Esophagus – A Surgeon’s Ghost or Clinical Reality?
12.25 - 12.40	Riccardo Rosati (IT) Dunbar, Wilkie, Gastroparesis – call your surgeon or hide your patient?
12.40 - 12.55	Simon Dexter (UK) Idiopathic Gastroparesis – treat motility or sensation?
12.55 - 13.10	Asma Fikree (UK) The “Hard Truth” Discussion

INDUSTRY SYMPOSIUM supported by MEDTRONIC

Endoflip™ & Esoflip™: Advancing the Diagnosis and Treatment of Esophageal Disorders

13:10 – 13:25	Endoflip: Transforming the Esophageal diagnostics pathway Dr Nicola Frei
13:25 – 13:40	Endoflip: Real- time control and assessment in foregut surgeries Dr Tania Triantafyllou
13:40 – 13:55	Esoflip: Controlled Dilation for esophageal strictures and achalasia treatment Dr Rehan Haidry
13:55 – 14:10	Discussion ALL

13.10-14.10	Lunch break SLOT Industry Symposium
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14.10 – 15.40 / Session 3

PRECISION & HIGH DEFINITION: THE VIDEO MASTERCLASS

Chairs: **Aleksandar Simic (SRB)**, **Edoardo Savarino (IT)**

14.10 - 14.25	Anatomical EGJ Reconstruction for Hiatal Hernia and GERD: Why & How Marcel Schneider (CH)
14.25 - 14.40	Folding for Function: Technical Secrets of TIF and C-TIF Rehan Haidry (UK)
14.40 - 14.55	RefluxStop™ - Lessons learned Yves Borbély (FR)
14.55 - 15.10	Enterra – From Implantation to Adaptation – Tips and Tricks Jessica Leers (GER)
15.10 - 15.25	Endo/EsoFLIP: One-Stop Shop – Test & Treat Daniel Pohl (CH)
15.25 - 15.40	The “Director’s Cut” Discussion

15.40 – 16.15 / Session 4

BARRETT’S BIOLOGY: FROM MOLECULES TO MANAGEMENT

Chairs: **John Lipham (USA)**, **Tripp Buckley (USA)**, **Nicola Frei (CH)**

15.00 - 15.15	The Crystal Ball: Can Molecular Markers predict the Future? Ines Gockel (GER)
15.15 - 15.30	AI vs. Human Eye: Will Machines take over Surveillance? Nicola Frei (CH)

- 15.30 - 15.45 To Burn or to Cut? Deciding between RFA and EMR
Felice Schnoll Sussmann (USA)
- 15.45 - 16.00 Closing the Valve: Does Anti-Reflux Surgery stop Progression?
John Lipham (USA)
- 16.00 - 16.15 The "Burn, Cut or Pray?" Discussion

16.15 - 16.45 Keynote Lecture: **Eduardo Savarino (IT)**
Prologue: **Daniel Pohl (CH)**
FOREGUT MOTILITY DIAGNOSTICS 2027: CHICAGO, SAN DIEGO, DALLAS, ...?

17.00 - 18.00 / Session 5

EXTRAESOPHAGEAL GERD, UPPER ESOPHAGEAL DISORDERS

Chairs: **Jörg Bohlender (CH)**, **Dimitri Theodorou (GR)**, **Michael Smith (USA)**

- 17.00 - 17.10 LPR Unmasked: Cutting through the Diagnostic Fog
Rami Sweis (UK)
- 17.10 - 17.20 LPR is a Surgical Disease!
Nick Boyle (UK)
- 17.20 - 17.30 No. It's the Head (or the Nerves), Stupid!
TBA
- 17.30 - 17.40 RCPD – help me, I cannot burp!
Jörg Bohlender (CH)
- 17.40 - 17.50 Globus sensation – to ablate or not
Jason Dunn (UK)
- 17.50 - 18.00 The "Brain, Belch and Burn" Discussion

End of Day 1

Note: Afternoon coffee will be served in the lobby during afternoon sessions

Friday, November 13th 2026

08.00 – 09.00

BEST PAPERS and Coffee

Chairs: **Balazs Kovacs(HU)**, **Arnulf Hölscher (GER)**, **Joy FEKA (AUT)**

09.00 - 10.00 / Session 6

THE ROBOTIC FRONTIER: BEYOND THE HYPE

Chairs: **Lana Fourier (CH)**, **Christian Gutschow (CH)**, **Peter Grimminger (GER)**

- 09.00 - 09.15 The Billion Swiss Francs Question: Does the Robot actually improve Benign Outcomes?
Beat Müller (CH)
- 09.15 - 09.30 Through Looking Glass: Does 3D-Vision & Wristed Dexterity make us better surgeons?
Mickael Chevallay (CH)
- 09.30 - 09.45 From Da Vinci to deep learning : the evolution of and the future of the surgical robot
Peter Grimminger (UK)
- 09.45 - 10.00 Ergonomics vs. Economics: Is the Surgeon's Longevity worth the Investment?
Jose Oberholzer (CH)
- 10.00 - 10.15 Training the Next Generation: Is the Laparoscopic Surgeon becoming a Museum Piece?
Dagmar Kollmann (AUT)
- 10.15 - 10.30 The "Joystick Junkies" Discussion

10.30 - 10.45 **TOPIC: Our Journal - FOREGUT**

Phil Katz (USA), **Sebastian Schoppmann (AUT)**

10.45 - 11.00 Keynote Lecture: **Calin Popa (RO)** Prologue: **Sebastian Schoppmann (AUT)**
BEYOND "SEE ONE, DO ONE": REDEFINING EXCELLENCE IN FOREGUT TRAINING

11.00 – 11.30 **INDUSTRY SYMPOSIUM - supported by MERIT Medical**

11.30 – 13.00 / Session 7

THE HEAVY WEIGHT DEBATE: OBESITY & THE HIATUS

Chairs: **Ralph Peterli (CH)**, **Catalin Copaescu (RO)**

- 11.30 - 11.45 The Sleeve Paradox: When Weight Loss creates a Reflux Monster
Ralph Peterli (CH)
- 11.45 - 12.00 Bypass: The Ultimate Anti-Reflux Operation or Overkill?
Daniel Gero (CH)
- 12.00 - 12.15 To Fix or Not to Fix? The Dilemma of the "Innocent" Hiatal Hernia in Bariatrics
Ognjan Skrobic (SRB)
- 12.15 - 12.30 Revisional Nightmares: Converting Failed Antireflux Surgery to Bariatric Procedures
Gerhard Prager (CH)
- 12.30 - 12.45 Renaissance of the Hill procedure in Post-Bariatric HH: Fixing GERD

- 12.45 - 13.00 Enes Efendic (SE)
The "Belly vs. Valve" Showdown
Javier Osorio Aguilar (ESP)
- 13.00 - 13.15 Discussion

13.15 – 14.00 Lunch break
Industry Symposium

13.15 – 14.15 Industry Symposium – supported by BD

14.15 – 15.30/ Session 8
NUMBERS & NERVES: DECODING FUNCTION
Chairs: Radu Tutuian (CH), Asma Fikree (UK)

- 14.15 - 14.30 The Manometry Lies: What to do when Tracings and Patients disagree?
Mark Fox (CH)
- 14.30 - 14.45 The Motility No-Man's Land: Navigating the Fog of IEM
Radu Tutuian (RO)
- 14.45 - 15.00 Brain-Gut Axis: When not to call your surgeon
Johannes Lenglinger (CH)
- 15.00 - 15.15 The PPI Funeral: Will P-CABs take over the Throne?
Jeanine Wakim (CH)
- 15.15 - 15.30 "Treat the Patient, not the Plot" Discussion

15.30 - 16.00 Keynote Lecture: Martin Wagner (CH) Prologue: Christian Gutschow (CH)
HOW DOES AI CHANGE FOREGUT PRACTICE NOW

16.00 – 17.00 / Session 9
THE GREAT HIATOPLASTY SHOWDOWN
Chairs: John Lipham (USA), Davide Bona (IT)

- 16.00 - 16.15 Point: Mesh is Mandatory – Why we need Reinforcement
Alberto Aiolfi (IT)
- 16.15 - 16.30 Counterpoint: Mesh is a Time-Bomb – The Case for Pure Tissue Repair
Reginald Bell (USA)
- 16.30 - 16.45 The Middle Ground: Pledgets, Biologics and "The Tailored Hiatus"
Ivo Bröders (NL)
- 16.45 - 17.00 The Material Science Evolution: Can Bio-absorbable Scaffolds Solve the Dilemma?
Caroline Gronnier (FR)
- 17.00 - 17.20 Live Audience Voting & "Hard Truth" Final Summary

17.20 - 18.00 / Closing Remarks & Awards

This was EFS Zurich 2026
This will be EFS 2027 Budapest
Farewel

Daniel Pohl / Christian Gutschow
George Lazar, HU