

# EFS Fellows Course 2026

## Participant & advertising programme | Foregut Motility

11 November 2026 | 15:00–18:30 | Kinderspital Innovation Center, Zurich, Switzerland

## From Esophageal Function Testing to Gastroparesis Management

A practical, multidisciplinary course for gastroenterology, foregut, general and minimally invasive surgery fellows. Through cases, guided study review and discussion, participants will translate symptoms and physiology into confident next-step decisions.

### Why attend

- Build a structured approach to HRM, wireless pH and pH-impedance interpretation.
- Understand how motility and reflux results affect anti-reflux and foregut procedure planning.
- Compare medical, pyloric and gastric electrical stimulation strategies for gastroparesis.
- Learn the fundamentals of Enterra Therapy programming and treatment reassessment.

### Faculty and chairs

**Course Chairs:** Dr. Daniel Pohl (CH) · Dr. Sebastian F. Schoppmann (AT)

**Laborie Faculty:** Dr. Radu Tutuian (CH) · Dr. Moustafa Elshafei (DE)

**Enterra Faculty:** Dr. Asma Fikree (UK) · Dr. Moustafa Elshafei (DE)

### Programme agenda

| Time        | Session                                                              | Faculty                                            | Focus                                                                                                                |
|-------------|----------------------------------------------------------------------|----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| 15:00–15:10 | Welcome & clinical framework                                         | Moderators                                         | Welcome, objectives and the multidisciplinary foregut pathway.                                                       |
| 15:10–15:45 | Laborie Case 1 — Dysphagia and esophageal motility                   | Dr. Radu Tutuian Dr. Moustafa Elshafei             | High-resolution manometry: indications, landmarks, Chicago Classification and surgical implications.                 |
| 15:45–16:05 | Laborie — HRM study walk-through                                     | Dr. Radu Tutuian + Dr. Moustafa Elshafei           | Normal and abnormal tracings, artifacts, structured interpretation and referral decisions.                           |
| 16:05–16:35 | Laborie Case 2 — Typical reflux and wireless pH                      | Dr. Radu Tutuian → Dr. Moustafa Elshafei           | Test selection, on/off PPI strategy, acid exposure and anti-reflux planning.                                         |
| 16:35–16:45 | Break                                                                | —                                                  | Break                                                                                                                |
| 16:45–17:00 | Laborie — pH / pH-impedance review                                   | Dr. Radu Tutuian (CH) + Dr. Moustafa Elshafei (DE) | Symptom association, reflux episodes, borderline studies and common pitfalls.                                        |
| 17:00–17:10 | Enterra — Gastroparesis Today: Pathophysiology & Clinical Phenotypes | Dr. Asma Fikree                                    | Key mechanisms, European etiologies and phenotype-led treatment selection.                                           |
| 17:10–17:20 | Enterra — Diagnosis & Medical Management: A Practical Approach       | Dr. Asma Fikree                                    | Gastric emptying studies and European alternatives; symptom, nutrition and medical management; escalation decisions. |
| 17:20–17:35 | Enterra — Interventional Options: Choosing the Right Approach        | Dr. Moustafa Elshafei                              | G-POEM versus laparoscopic pyloroplasty; role of Enterra Therapy; patient selection.                                 |
| 17:35–17:45 | Enterra — Programming Basics: What Fellows Should Know               | Dr. Asma Fikree                                    | Core gastric electrical stimulation principles, initial settings, titration and real-world workflow.                 |
| 17:45–17:55 | Break                                                                | —                                                  | Break                                                                                                                |
| 17:55–18:10 | Enterra — Procedure Videos & Technical Pearls                        | Dr. Moustafa Elshafei                              | Enterra implantation overview; pitfalls and complication avoidance.                                                  |
| 18:10–18:25 | Enterra — Interactive Case Discussion                                | Dr. Asma Fikree                                    | Diabetic, postsurgical, idiopathic and prior-treatment-failure cases; treatment selection and strategy changes.      |
| 18:25–18:30 | Take-home messages, discussion & Q&A                                 | Moderators                                         | Key messages, concise discussion and audience Q&A.                                                                   |

Supported by Laborie and Enterra. Programme content, faculty and timing subject to final EFS confirmation.

# EFS Fellows Course 2026

## *Foregut Motility: From Esophageal Function Testing to Gastroparesis Management*

11 November 2026 | 15:00–18:30 | Kinderspital Innovation Center, Zurich, Switzerland

### **A multidisciplinary, case-based course for GI and surgical fellows**

Follow the foregut patient from symptoms and physiologic testing to individualized medical, endoscopic and surgical management. The programme combines Laborie-led esophageal motility and reflux interpretation with Enterra-led gastroparesis treatment selection and therapy-programming principles.

### **Learning outcomes**

- Choose and interpret high-resolution manometry, wireless pH and pH-impedance testing in a practical clinical pathway.
- Connect esophageal physiology results to referral, counseling and anti-reflux procedural planning.
- Apply a European diagnostic and treatment framework for gastroparesis.
- Compare G-POEM, laparoscopic pyloroplasty and Enterra Therapy, including the basics of symptom-guided programming.

### **At a glance**

### **Programme agenda**

| Time        | Session                                                              |
|-------------|----------------------------------------------------------------------|
| 15:00–15:10 | Welcome & clinical framework                                         |
| 15:10–15:45 | Laborie Case 1 — Dysphagia and esophageal motility                   |
| 15:45–16:05 | Laborie — HRM study walk-through                                     |
| 16:05–16:35 | Laborie Case 2 — Typical reflux and wireless pH                      |
| 16:35–16:45 | Break                                                                |
| 16:45–17:00 | Laborie — pH / pH-impedance review                                   |
| 17:00–17:10 | Enterra — Gastroparesis Today: Pathophysiology & Clinical Phenotypes |
| 17:10–17:20 | Enterra — Diagnosis & Medical Management: A Practical Approach       |
| 17:20–17:35 | Enterra — Interventional Options: Choosing the Right Approach        |
| 17:35–17:45 | Enterra — Programming Basics: What Fellows Should Know               |
| 17:45–17:55 | Break                                                                |
| 17:55–18:10 | Enterra — Procedure Videos & Technical Pearls                        |
| 18:10–18:25 | Enterra — Interactive Case Discussion                                |
| 18:25–18:30 | Take-home messages, discussion & Q&A                                 |

### **Faculty**

**Course Chairs:** Dr. Daniel Pohl (CH) · Dr. Sebastian F. Schoppmann (AT)

**Laborie Faculty:** Dr. Radu Tutuian (CH) · Dr. Moustafa Elshafei (DE)

**Enterra Faculty:** Dr. Asma Fikree (UK) · Dr. Moustafa Elshafei (DE)

**Supported by Laborie and Enterra. Faculty, agenda and disclosures subject to final EFS confirmation.**